



Recommended Packing List



SA WorldVets

Clothing Recommendations

Students should pack sufficient clothing to last **at least one week**, keeping in mind that clothing will become dirty quickly when working in the bush. While working alongside the supervising veterinarian, clothing must be **presentable, professional, and preferably in neutral colours**.

For fieldwork, **long trousers are strongly recommended** to protect against ticks, thorns, and sun exposure. Shorts may be worn in warmer conditions but must be of a **professional length (mid-thigh or longer)**.

Although daytime temperatures are generally warm to hot, **early mornings and evenings can be cold**, particularly during the winter months. Students should therefore pack **warm layers** in addition to sun protection such as a hat and sunscreen. **Sturdy, closed-toe footwear** suitable for clinical and fieldwork in the bush is essential.

Laundry services are available **once per week**, with servicing rotated between chalets. Students must ensure they have enough clothing to last between laundry days.

It is strongly advised that students pack **essential items, valuables, toiletries, and at least one change of clothing in their carry-on luggage**, as checked baggage can occasionally be delayed. In the event of missing luggage, students should report this to the airline immediately and obtain a reference number and contact details for tracking.

Students are welcome to bring laptops, tablets, and mobile phones, but remain **fully responsible for the security of personal electronic devices**.

Example Packing List

Clothing and Toiletries

- Warm jacket or coat
- Gloves (for cold mornings)
- Lightweight long-sleeve layers (recommended for sun and insect protection)
- Short-sleeve, breathable shirts
- Durable, lightweight long pants
- Shorts (professional length)
- Swimsuit (for downtime at the lodge)
- Socks and undergarments
- Sturdy hiking or work boots (closed-toe)
- Casual shoes or sandals for downtime
- Hat and sunglasses
- Insect repellent containing DEET
- Sunscreen (the winter sun can still be intense)
- Personal toiletries (toothbrush, toothpaste, deodorant, etc.)
- Personal medications, including malaria prophylaxis if prescribed by your physician
- Dramamine or similar motion-sickness medication (optional but recommended for helicopter flights)

Extras

- South African plug adapter (plug types differ from US/UK/EU outlets)
- Torch or headlamp
- Snacks (grocery store visits may be available locally)
- Books or activities for travel and lodge downtime
- Hand sanitiser
- Travel comfort items (eye mask, neck pillow, etc.) – optional

Field Gear Essentials

- Small day pack
- Reusable water bottle
- Notebook and pen
- Binoculars (optional but recommended for game drives)
- Portable phone charger / power bank (optional)
- Camera (optional)

Documents and Travel Preparation

- Passport (valid for at least **six months beyond return date**)
- Travel insurance details
- Flight itinerary
- Vaccination records (including rabies, tetanus, and yellow fever if applicable)
- Emergency contact information

Additional Notes

- **Visa and Mastercard** are widely accepted throughout South Africa; however, students are encouraged to carry a small amount of **South African Rand (ZAR)** for purchases from local artists or vendors who may not have card facilities.
- Meals are generally inexpensive, with approximately **USD \$10** sufficient per meal when eating out independently.



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