



## Medical Information



# SA WorldVets

SA World Vets is committed to the health and safety of all participants. While the programme operates in a remote, field-based environment, appropriate precautions, medical access, and advance planning help ensure a safe and well-supported experience. Students are responsible for familiarising themselves with the information below and for taking appropriate personal health measures prior to arrival.

### **Malaria**

Although the incidence of malaria in the area is **low**, we recommend that students take appropriate precautions when participating in the SA World Vets programme. Students should consult their healthcare provider or general practitioner well in advance of travel for guidance on **malaria prophylaxis**, as several options are available. Some medications must be started **two to three weeks prior** to arrival, while others begin **one day before travel**.

It is essential that any prescribed malaria prophylaxis is taken **strictly according to medical instructions**. In addition, the use of **modern insect repellents** and other bite-prevention measures is strongly recommended to reduce the risk of mosquito exposure.

### **Medical Access**

General practitioners and pharmacies are available in **Hoedspruit, Phalaborwa, and Tzaneen**, all located within approximately **40 minutes** of the lodge.

There are also two private hospitals within **30–60 minutes** of the programme area:

- **Medi-Clinic Tzaneen Private Hospital**
- **Hoedspruit Private Hospital**

Both facilities provide access to **specialist physicians** and comprehensive medical care.

## Allergies

Students must inform SA World Vets staff of **any known allergies** prior to arrival. If you have a potentially life-threatening allergy that may require the use of an **EpiPen**, you must carry it with you at all times, particularly given the remote nature of some fieldwork activities.



SA WorldVets

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