



Dietary Information

SA WorldVets

SA World Vets aims to accommodate most dietary preferences and requirements. Students must inform us **at the time of booking** of any dietary needs to ensure appropriate arrangements can be made. This includes not only dietary lifestyles such as **vegetarian or vegan**, but also specific preferences or restrictions, for example **no red meat, fish, or other individual requirements**.

Breakfast

On early departure days, a **self-serve breakfast** is provided and typically includes fruit, yoghurt, cereal, toast, rusks, and coffee.

On days with later departures, a **hot buffet breakfast** is served and may include bacon, eggs, toast, beans, waffles, omelettes, cereals, fruit, and other breakfast items.

Lunch

On field days, there is usually insufficient time to return to the lodge for lunch. Students are therefore required to **pack a lunch**, with lunchboxes and a selection of items provided. These typically include ham, cheeses, a variety of spreads, fruit, crisps, cereal bars, and bottled water.

Snacks and bottled water are also provided on field days.

Dinner

Evening meals are served at the lodge and feature a variety of dishes, including meats, pastas, salads, and soups, as well as traditional South African specialities such as a **braai (barbecue)**.



SA WorldVets

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